

Winter Training Protocols Avondale Meadows

Pre-Practice:

- Players/Parents temperature checks at home and free of any symptoms
- All Participants are required to bring:
 - **Face Mask**
 - **Water bottles** (that they will not share with anyone)
 - **Hand Sanitizer**
 - **Disinfectant Wipes**
 - All water bottles, hand sanitizers and disinfectant wipes must be clearly labeled with their own name
- Fill out the **electronic daily screening questionnaire**
 - Click on provided link at <http://www.rscsoccer.org> or click here: [Screening Questionnaire](#)

Travel to Practice:

- Avoid carpooling if possible, or limit rideshare quantity in the vehicle if required.

Arriving at the Facility:

- All practices are **drop-off only**, parents shall not enter the building unless they have a very young player who can use their help when entering and exiting the facilities.
- We also ask all guests to vacate the facility after games or practices in a prompt manner. No congregating or standing in the lobby area before, during or after training and games.
- Wear different shoes to enter the building during the wet and snowy days, and should change their shoes as soon as they enter their building.
- All players will take their bags inside of the gym and lay them on the side of the wall.

Practice:

- All players, parents and coaches must wear masks at all times inside the building during indoor training sessions and games.

Departure/Exiting the Facility:

- All players must be 6 feet apart when exiting the building.
- All players will exit the building by the side door of the gym to avoid large congregations at the main entrance.

Facility Cleaning Protocols

- Antimicrobial coatings are applied to high touch areas to mitigate COVID-19.